

CPTA SAN JOSE DISTRICT

LEARN. STAY CONNECTED. GET INVOLVED.

Upcoming District Meeting:

“Law and Ethics Review”

Chris Reed MPT, OCS, ATC

November 12th

6:30-9:00 pm

Salinas Valley Memorial Hospital
4th Floor Rehab Services Department
450 East Romie Lane, Salinas, CA 93901.

Come satisfy your Laws and Ethics Requirement during the SJ District November Meeting. During this meeting, we will review the California Laws regulating the practice of physical therapy. Particular focus will be given to SB 198 and AB 1000; along with the role of the physical therapist, supervision of support personnel, EMG guidelines, and discipline by the PT Board.

Chris Reed MPT, OCS, ATC Chris received his Master of Physical Therapy from Mount St. Mary's College and is a Board Certified Clinical Specialist in Orthopedics. He has a Bachelor of Science in Exercise and Sports Sciences from Oregon State University where he also received his Athletic Training

Certification. Chris is a Clinical Director for Agile Physical Therapy, Inc. He is an active grassroots organizer for California legislation regarding the physical therapy profession and has served on the CPTA Government Affairs Committee for the past two years.

Elections for 2014 Term

The following positions are up for election:

- Chair (1 year term)
- Chairperson Elect (1 year term*)
- Treasurer (2 year term)
- Assembly Representatives - 2 positions (2 year term)
- Chief Representative (2 year term)
- Nominating Committee (2 year term)

Elections will be held online. A paper ballot can be requested.

Slate of candidates:

Chair:

Chris Reed

Chair Elect:

Sara Clayton

Treasurer:

Diron Cassidy

Secretary:

Bettye Pina

District Representative:

Chris Reed

Bradley MacDougall

Nominating Committee:

Bradley MacDougall

Chief Representative:

Bob Williams

CURRENT MEMBERS

Chairperson:

Cindy Walton

Chair Elect:

Vacant

Secretary:

Sara Clayton

Treasurer:

Chris Reed

Chief Representative:

Bob Williams

Continuing Education

Chairperson:

Ann Vivian

Kathryn Valdez

Membership Chairperson:

Tom DeFranco

Public Relations:

Cheryl Tibbetts

PAC Chairpersons:

Bob Williams

Chris Reed

Newsletter Editor:

Ryan Broms

Web site Editor:

Tom DeFranco

Representatives:

Sara Clayton

Cindy Walton

Bob Williams

Brad MacDougall

Bettye Pina

Diron Cassidy

Nominating Committee:

Jeanine Yip

Brad MacDougall

Diron Cassidy

Kathryn Valdez

For a paper ballot please contact Bradley MacDougall
at bradleydmacdougall@gmail.com.

***CHAIRPERSON ELECT
BECOMES CHAIR THE
FOLLOWING ONE YEAR
TERM.**

CPTA EVENTS



CPTA ANNUAL CONFERENCE, PASADENA



PT PAC BEER TASTING FUNDRAISER



CPTA TOWN HALL MEETING

DISTRICT YEAR END ROUNDUP

1. CPTA LEGISLATIVE DAY
2. THE AMGEN TOUR OF CALIFORNIA
3. PT PAC FUNDRAISER AT THE TIED HOUSE
4. DISTRICT SPONSORED CONTINUING EDUCATION COURSE
5. ANNUAL DISTRICT DINNER MEETING
6. CPTA TOWN HALL MEETING
7. CPTA ANNUAL CONFERENCE IN PASADENA

PT PAC DINNER PASADENA



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ptworks94024@yahoo.com or fax to 650-947-9566.

CHECK OUT
THE ARTICLE
FROM HUFF
POST 50 AND
APTA!



San Jose Named “Fittest City for Baby Boomers in America!”

San Jose toted an average life expectancy of 82.48 while 91.8 percent of baby boomer San Jose residents have access to health insurance. The city boasts top ratios for the number of hospitals and fitness centers per 100,000 people. 95.6 percent of San Jose baby boomers reported feeling “satisfied or very satisfied” with their life.

Did you contact your legislator during this legislative season?



This year the PT profession was well represented at the Capital as dozens of PT's attended committee hearings, visited legislator offices, and educated policy makers about your profession.

REACH OUT.

CONNECT WITH YOUR LEGISLATOR.

REPRESENT YOUR PROFESSION.

REACH OUT.

Don't know your state or federal legislator?

Here's how to look it up:

CONNECT.

Look up your legislator by logging in to the "Legislative Action Center" on the APTA website. From the "Advocacy Tab" click on "Take Action", then "Legislative Action".

REPRESENT YOUR PROFESSION.

Easy ways to contact your legislator:

- Follow them on Twitter (yes, they are on Twitter!)
- Mention them in a tweet
- Send their office an email
- Make a phone call thanking them for their support

NEXT UP: PUB NIGHT

What is SJ-CPTA Pub Night?

San Jose District's new monthly gathering of physical therapy colleagues, brought together for face-to-face conversations to share perspectives and form relationships that enhance the professional life of every person who attends.

Who is invited?

SJ-CPTA members and non-members, all students of PT and PTA, and all other PTs and PTAs visiting California during a Pub Night event. Basically, if you care about physical therapy, SJ-CPTA Pub Night is for you!

What is the mission of Pub Night?

- **Member Engagement:** We thrive in our work as physical therapy professionals because of how quickly we build relationships - with our patients, with other healthcare professionals, with our colleagues.
- **New Member Recruitment:** CPTA currently represents approximately 28% of physical therapists and physical therapist assistants in California. We have very little leverage to accomplish meaningful and widespread progress for our profession at this level. Prospective members must be shown the value and power of what can be accomplished when you're not going at it alone.

Why do people come? What's in it for me?

"Networking" has been described as the top reason individuals are attracted to attend. The ears of Pub Night leaders have picked up on new business opportunities sprouting, conversation about career advancement, and planning for individual follow-up meetings. Maybe the better question is: "What *can't* arise out of Pub Night?"

Can I bring my colleagues from other health professions (i.e. physicians, therapists, etc)?

Not yet. Pub Night is currently open to all PTs, PTAs and students. This may change in the future, but for now, The SJ-CPTA Pub Night Leader team is wanting to get the event up and running with the focus being on the Physical Therapy community.

This sounds great, but I don't live in the Mountain View area. How can I attend a Pub Night?

SO glad you asked because SJ-CPTA Pub Night wants to come to you! You only need 2 people to get a Pub Night started. All we need is a leader for your event...if that's YOU (or you and a colleague?), the Pub Night leader team will help you get set up. It really is as easy as it seems. Contact membership@sj-cpta.org if you are interested.