

# CPTA SAN JOSE DISTRICT

LEARN. STAY CONNECTED. GET INVOLVED.

## Upcoming District Meeting:

“Practical Grade V Techniques for the Cervicothoracic Spine”

John Farahmand, DPT, OCS  
Balance Physical Therapy  
November 13th  
6:30-:900 pm  
143 John Street  
Salinas, CA 93901

The speaker will briefly cover clinical prediction rules (CPRs), screening, and assessment of the cervicothoracic spine. He will cover techniques that allow the therapists to choose, based on both their own skill and comfort level, as well as the patients particular set of circumstances, to use prone, supine, or seated positions to effectively perform Grade V mobilizations to the cervicothoracic spine. The talk will be run as a practical lab session with hands-on practice and partnering up with other participants.

***John Farahmand, DPT, OCS.***

***Balance Physical Therapy and Human Performance Center, Inc.***

John is a physical therapist who has been in private practice for over ten years. He earned undergraduate degrees in psychobiology and business

administration from UCLA. He received his DPT from the University of Southern California (USC), and has been board certified as an orthopedic clinical specialist for nine years. His practice has always had orthopedic manual therapy and exercise as its cornerstones, and

he is proud to boast a staff of six DPTs, most with advanced manual therapy training in the form of Board Certifications (OCS), Manual Therapy Certification (MTC), Fellowship training (FAAOMPT), Certified Functional Manual Therapists (CFMT), and others.

# Get Involved in 2013!

If you are interested in promoting your district, getting involved in the legislative process and providing insight into programming and activities, then running for a San Jose District CPTA Committee position is the right choice for you!

## The following positions are currently up for election in 2013:

- Chairperson Elect (1 year term\*)
- Secretary (2 year term)
- Assembly Representative (2 year term)
- Nominating Committee (2 year term)

All candidates must be received by October 20. Elections will then take place from Tuesday, October 30, until Tuesday, November 20. Elections will be online.

For a job description of the open positions or to submit your name for a position, please contact Brad MacDougall at [bradleydmacdougall@gmail.com](mailto:bradleydmacdougall@gmail.com).

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**\*CHAIRPERSON ELECT BECOMES CHAIR THE FOLLOWING ONE YEAR TERM.**

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*In response to an ethics question from last month's district dinner meeting and ethics course:*

**Who do I contact to report a suspected abuse case?**

According to the PT Board of California website, physical therapists and physical therapist assistants are required by law to report knowledge of harm or abuse or reasonable suspicion of such harm or abuse to the appropriate law enforcement agency immediately by phone call and within 2 days by written report. A helpful resource for finding the appropriate phone number (i.e. Child protective services, Non-emergency police contact, etc) can be found at [211bayarea.org](http://211bayarea.org) or by calling 211.

## CURRENT MEMBERS

**Chairperson**  
Sara Clayton

**Chair Elect**  
Cindy Walton

**Secretary**  
Sherri Betz

**Treasurer**  
Chris Reed

**Chief Representative**  
Tom DeFranco

**Continuing Education Chairperson**  
Ann Vivian  
Kathryn Valdez

**Membership Chairperson**  
Tom DeFranco

**Public Relations**  
Cheryl Tibbetts

**PAC Chairpersons**  
Bob Williams  
Chris Reed

**Newsletter Editors**  
Ryan Broms

**Web site Editor**  
Tom DeFranco

**Chief Representative**  
Tom DeFranco  
**Representatives:**  
Sara Clayton  
Cindy Walton  
Bob Williams  
Brad MacDougal  
Bettye Pina  
Diron Cassidy

**Nominating Committee Members:**  
Jeanine Yip  
Brad MacDougal  
Kathryn Valdez

# CPTA EVENTS



DISTRICT DINNER MEETING- TIED HOUSE, MOUNTAIN VIEW



OVER 60 PARTICIPANTS JOINED US IN SEPTEMBER FOR THE ANNUAL DISTRICT DINNER MEETING. THE DINNER INCLUDED .2 CEU'S ON ETHICS REVIEW IN CALIFORNIA PHYSICAL THERAPY PRACTICE.



## DISTRICT YEAR END ROUNDUP

1. CPTA LEGISLATIVE DAY
2. COMMUNITY OUTREACH AT THE BIG SUR MARATHON AND THE AMGEN TOUR OF CALIFORNIA
3. PT PAC FUNDRAISER AT THE CAVA WINE BAR
4. PT PAC FUNDRAISER AT THE TIED HOUSE
5. DISTRICT SPONSORED CONTINUING EDUCATION COURSE (ROB LANDEL)
6. ANNUAL DISTRICT DINNER MEETING
7. CPTA ANNUAL CONFERENCE IN SANTA CLARA

## Upcoming Continuing Education

### **Balance-Based Torso-Weighting® Augmenting Sensory Information Via the Trunk**

The elderly and people with neurological problems such as Parkinson's Disease, CVA, TBI, MS have balance and mobility challenges. Motion Therapeutics has developed a unique and effective system to assess and treat balance problems called Balance-Based Torso-Weighting (BBTW). During BBTW a clinician determines the directional loss of balance in static and dynamic tests. These classes teach clinicians the assessment and strategic weighting to improve directional loss of

balance immediately during the same treatment. Participants will have ample opportunity to practice the patented assessment and strategic weighting technology using the BalanceWear assessment device.

**October 26, 2012, 5 pm to 9 pm**  
**October 27, 2012, 8 am to 5 pm**  
San Luis Sports Therapy  
805 Aerovista Pl.  
Suite 201 San Luis Obispo, Ca  
93401

Tuition/Fees: \$325 APTA-members  
\$520 Non-Members  
For more information contact Karen Swisher, PT, DPT at [kksdpt@gmail.com](mailto:kksdpt@gmail.com)