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2008 DISTRICT EVENT CALENDAR

Be sure to mark these dates on
your calendar!

November 11th: District Meeting

Speaker: Anna Caballero California State Assembly Member, District 28 (confirmed)

Bill Monning, candidate for California Assembly, District 27 (Invited)

Jeff Denham, California State Senator, District 12 (Invited)

Location: CEO Planning Office, Salinas Valley Memorial Hospital, Salinas

A FEW WORDS FROM OUR CHAIR...

Cheryl Tibbetts, MPT, OCS



This is my final column as your District Chair and I want to thank you all for again allowing me the opportunity to serve the San Jose District in this capacity. I first came into the District's executive committee because a good friend of mine nominated me at a District meeting. I had always thought of getting more involved and her nomination was a little push in the right direction at the right time.

I would say that in most aspects of my life I am not an adventurous person, but when it comes to my physical therapy practice or advocating for the profession I rarely back down from a challenge. It was this adventurous spirit that had me jump in with both feet to the challenge of participating at the highest level of the District.

I should clarify that as Chair-Elect, the position I was elected to, the first year was spent attending Executive Committee teleconferences, completing tasks as I was asked or offered to do and learning how the District runs. In reality it was not too difficult of a position to "jump" in to. The District Executive Committee is a fun, dedicated group of people who volunteer their time and energy for the betterment of our profession and the practice of physical therapy in the San

Jose District and throughout California.

The relationships I have forged through my involvement over the past 4 years are invaluable to me both personally and professionally. I have increased confidence in all aspects of my life but especially when discussing our profession because I am better informed about our history and our future direction. I have a greater sense of accomplishment because I not only affect my patient's lives, but because of my involvement the past four years I affect the lives of other clinician's patients. I now have a network of professional colleagues whom I can and have called upon multiple times with questions regarding patient care or referral. My involvement in the San Jose District has made me a better person and a better PT.

In the past two years my involvement has expanded to include a statewide committee. And while my time commitments have increased, the rewards have increased even more. I feel at this time, that I could benefit our profession more through continued involvement at the statewide level so I am charging you, the District membership, to take up the torch and get involved at the District level. Elections will be happening next month and there is always more room on the ballot. Please let me know if you are interested in running for a District position.

Active involvement in our professional association is not for everyone, but I think more of you not only could do it, but once you get started doing it, you will enjoy it so much you will wonder why you didn't do it sooner.



THE SPEAKER'S CORNER FOR OUR November 11 MEETING

THIS AREA HIGHLIGHTS INVITED SPEAKERS FOR OUR DISTRICT MEETINGS

Tonight's meeting is an opportunity for all physical therapy professionals, not just APTA members to meet and interact with their local legislators. The meeting will be interactive with discussion of PT related and other issues facing all Californians. We encourage all PT professionals to attend.

Assembly Member Anna Caballero-Assembly District 28

A strong advocate for public safety, affordable housing, quality health care and education, Assemblywoman Anna M. Caballero was elected to serve the 28th Assembly District in November of 2006. The district consists of San Benito County, and portions of Monterey, Santa Cruz and Santa Clara Counties.

Born to a family of copper miners, Assemblywoman Caballero successfully obtained a bachelor's degree from UC San Diego and a law degree from UCLA. She moved to the Salinas Valley 25 years ago to work for California Rural Legal Assistance (CRLA). As an attorney, she represented striking farm workers and fought side by side with unions to prevent plant closures.

Seeing the need for legal representation at a price working families could afford, the Assemblywoman and two colleagues founded a law firm, Caballero, Matcham & McCarthy, in 1982. The business received many awards, and she was personally recognized with the Athena Award for entrepreneurial excellence.

Moving from law to public service, Assemblywoman Caballero was appointed to the Planning Commission and later elected to the City Council in 1991. She was then elected mayor 1998.

In addition, Assemblywoman Caballero served as the Executive Director of Partners for Peace, a non-profit organization dedicated to bringing the community together to prevent gang violence and focus on literacy, early childhood education, and providing services to families.

Currently, Assemblywoman Caballero chairs the Local Government Committee and serves on the Appropriations, Jobs, Economic Development and the Economy, Water, Parks and Wildlife Committees.

State Senator Jeff Denham-Senate District 12 (Invited)

In November 2006, Senator Jeff Denham was re-elected to serve a second term representing California's 12th Senate District, which includes Madera, Merced, Monterey, San Benito and Stanislaus counties. Now in his sixth year in office, Senator Denham has focused his efforts on education, agriculture and job creation. He has also been a leading voice in the effort to reduce government waste in Sacramento, better utilize state surplus assets and crack down on sexual predators.

Enlisting at the age of 17, Senator Denham served on active and reserve status for 16 years in the Air Force and is a recipient of the meritorious service medal for his service in Operation Desert Storm (Iraq) and Operation Restore Hope (Somalia). In 2006, he was honored by the California National Guard with the highest military award, the "Order of California" service award, for distinguished service.

After graduating from California Polytechnic State University, San Luis Obispo, Senator Denham chose the agriculture industry for a career and now owns and operates Denham Plastics, the leading supplier of reusable containers in the agriculture industry. He and his family also farm almonds at their ranch in Merced County.

Currently, Senator Denham serves on the Agriculture, Business, Professions & Economic Development, Education, Government Organization and Veterans Affairs Committees.

THE SPEAKER'S CORNER FOR OUR November 11 MEETING (Continued)

Candidate Bill Monning-Assembly District 27 (Invited)

A professor at the Monterey Institute of International Studies and the Monterey College of Law, Mr. Monning specializes in negotiation and conflict resolution. He is a longtime labor and community activist, working for civil and labor rights and environmental sustainability. His platform is focused on healthcare reform, active responses to global warming, protection of water resources, campaign finance reform, and sustainable economic development.

MEMBER GET A MEMBER CAMPAIGN

Current members bring a non-member to a San Jose District meeting and each of you (the member *and* the non-member) receive a \$5 Starbucks gift card just for attending the meeting. When you arrive at the meeting simply present your current membership card to the Membership Services person at the sign-in table and introduce your non-member colleague. (Offer is limited to one Starbucks card per member and non-member, per meeting)

If your non-member colleague joins the APTA let the California Chapter office know and you will also receive \$25 from the CPTA!

Would you like to receive this newsletter electronically?

The San Jose District is exploring ideas to better disseminate information but we need to know how our members like to receive the information.

Please let us know what you think.

Email the newsletter editor at:

cheryl@valleypt.net

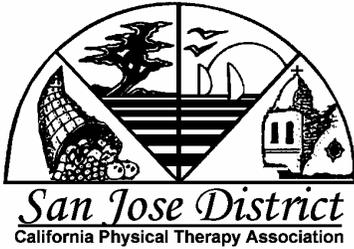
THANKS!!

ARE YOU ON THE DISTRICT LIST SERVE?

Are you familiar with List Serves? They are basically an electronic mailing list but your email address is not sent to all the recipients. The email comes from the District's List Serve account with Yahoo! and is distributed to District members who are signed up for the List Serve service. The List Serve is an excellent way to receive information about District events with reminders for District Meetings and Continuing Education courses, etc; members can post job listings, equipment for sale or courses they are offering; any question or information a member wants to get out to the District membership can be posted. All postings are screened for appropriateness by the District's Webmaster.

If you are not already on the District's List Serve you may join by going to the District website at: www.sjdist-cpta.org then click on the "San Jose District Newsletter/Meetings/Activities" button, scroll to the bottom portion of the page and click on "Physical Therapy List Serve". This takes you to the Yahoo! page where you can join the group. Don't miss this member benefit that will help keep you informed about local events.

The San Jose District newsletter welcomes any and all submissions including articles, letters to the editor and advertisements. For a list of advertising rates please contact the newsletter editor, Cheryl Tibbetts, PT at cheryl@valleypt.net or 831-338-4458.



1220 30th Avenue
Santa Cruz, Ca 95062

SAN JOSE DISTRICT
MEETING

November 11, 2008
Salinas Valley Memorial
Hospital
CEO Planning Office
Sam Downing Resource
Center

450 East Romie Lane
Salinas, CA

First Class Mail
US Postage Paid
Coastal Mailing

NEXT DISTRICT MEETING:

NOVEMBER 11, 2008

SALINAS VALLEY MEMORIAL HOSPITAL

CEO PLANNING OFFICE

SAM DOWNING RESOURCE CENTER BASEMENT LEVEL

450 ROMIE LANE, SALINAS, CA

6:30—9:00PM

LIGHT REFRESHMENTS PROVIDED

PRESENTATION:

A MEETING WITH LOCAL LEGISLATORS

ASSEMBLYWOMAN ANNA CABALLERO (CONFIRMED)

STATE SENATOR JEFF DENHAM (INVITED)

ASSEMBLY CANDIDATE BILL MONNING (INVITED)